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samples, preventing infection, and so forth. The instructions **1304**, in one embodiment, also include an instruction to detach the patient portion **1202**, give the patient portion **1202** to the patient, as well as an instruction to discuss the information disposed on the patient portion **1202** with the patient.

Similarly, the patient portion **1202** may also include instructions **1305** and/or helpful suggestions for the patient who is undergoing the catheterization procedure. For instance, this information can include any one or more of the following: a description of what a catheter is, what the patient should know about the catheter, how to reduce the chance of getting an infection from the catheterization procedure, what infections commonly associated with catheterization procedures typically are, the symptoms associated with infections commonly associated with catheterization procedures, and information about using the catheter at home. Additionally, the patient portion **1202** may include custom information as well. For example, in one embodiment the patient portion **1202** includes an informational section configured such that the health care service provider's name and contact information can be written thereon. It will be clear to those of ordinary skill in the art having the benefit of this disclosure that the invention is not so limited. For example, additional types of health care service instructions or patient instructions or suggestions can also be included.

Turning now to FIGS. **14-19**, illustrated therein are exemplary panels **1204, 1205, 1206, 1301, 1302, 1303**. These panels **1204, 1205, 1206, 1301, 1302, 1303** are intended to illustrate exemplary instructions for the health care services portion (**1201**) and patient portion (**1202**) of an illustrative instruction manual for a catheter assembly and corresponding medical devices included with an accompanying tray (**100**). It will be clear that these panels **1204, 1205, 1206, 1301, 1302, 1303** and the information printed thereon can be varied in any number of ways without departing from the spirit and scope of the invention as described herein and recited in the following claims. For example, the number of panels can be varied. Additionally, the information printed thereon can be condensed, expanded, or altered without departing from the spirit and scope of the invention. Also, the exemplary information may be moved from the panels shown to other panels, as a particular application may warrant.

Beginning with FIG. **14**, illustrated therein is one exemplary panel **1204**. In one embodiment, panel **1204** will be configured such that when the catheter package assembly within which the instruction manual is disposed is initially opened, panel **1204** will be readily viewable. For example, where the catheter package assembly is assembled as shown in FIG. **10** above, once the sterile wrap (**1002**) is removed, the panel **1204** will be viewable prior to removal of the CSR wrap (**1000**).

Panel **1204** can include general information about the catheter assembly and corresponding medical devices disposed within the tray. For example, this information can include part number information **1401**, trade name information **1402**, and manufacturer information **1403**. A diagram **1404** of the contents of the package assembly may be included as well. The illustrative diagram **1404** of FIG. **14** illustrates a tray **100** having a catheter assembly **700** and corresponding medical devices disposed therein. The corresponding medical devices of this illustrative embodiment include a pair of syringes **701, 702** and a specimen container **703**. Additionally swab sticks **1408**, a catheter securement device **1409**, a Foley insert tag **1410**, vinyl gloves **1411**, a

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fenestrated drape **1412**, an underbuttocks drape **1413**, and a hand sanitizer **1414** solution or wipe are disposed within the tray **100**.

In addition to a diagram **1404**, panel **1204** can also include a written description **1407** of the elements included in the tray **100**. Further, sterility information **1407** can be included. Panel **1204** can even include instructional material **1406** on how to use the instruction manual as well.

Turning now to FIG. **15**, illustrated therein is one embodiment of panel **1301**. As will be described below with respect to FIG. **20**, in one embodiment the printed instructions (**1001**) are configured as an accordion-style folded instruction manual. In such a configuration, panel **1301** can be disposed on the back of panel **1204**. Panel **1301** will therefore be visible upon a health care services provider opening the instruction manual.

Panel **1301** can include instructions for using the catheter assembly and the corresponding medical devices. As can be seen from this illustrative embodiment, panel **1301** can include instructions for setting up a clean work area. The instructions can include text, pictures, illustrations, or combinations of these.

In one embodiment, the instructions for setting up a clean work area include a hygiene performance step **1501**, which may include instructions to wash hands, optionally put on gloves (which at this step can be non-sterile gloves), and so forth. The instructions may then include information on opening the remainder of the catheter package assembly. For instance, in FIG. **15** step **1502** indicates that the health care provider should remove the CSR wrap (**1000**), which in this case is folded about the tray (**100**). Note that in this illustrative embodiment, as the CSR wrap (**1000**) is folded about the tray (**100**), removal of the CSR wrap (**1000**) by unfolding creates a sterile field about the tray (**100**).

Step **1503** then instructs the health care provide to pick up the underbuttocks of the patient and to place the underbuttocks wrap beneath the patient. Step **1504** then instructs the health care provider to use the hand sanitizing solution provided with the catheter package assembly.

As with other panels shown in FIGS. **14-19**, the various panels may include suggestions **1505** for preventing a catheter associated urinary tract infection. Some of this information is illustratively shown in FIG. **15**. It will be understood that this information can be placed on one or more panels.

In addition to information for setting up a clean work area, in one embodiment panel **1301** includes instructions for preparing the catheter assembly (**700**) as well. For example, step **1506** instructs the health care services provider to don sterile gloves, as the hands were sanitized at step **1504**. Step **1507** tells the health care services provider to place the fenestrated drape with a shiny side down on the patient without contaminating the sterile gloves donned at step **1506**. Step **1508** instructs the health care services provider to test the balloon of the catheter assembly with the water-filled syringe stored in the first compartment. Step **1508** also instructs the health care services provider to leave the syringe connected to the catheter assembly.

Step **1509** then provides instructions on using the first compartment of the tray as a lubricant application chamber as described above. Specifically, in this illustrative embodiment, step **1509** instructs the health care services provider to inject the lubricating jelly found in the second syringe of the first compartment into the first compartment. Step **1509** also instructs the health care services provider to pass the tip of the catheter through the first opening in the wall separating